Bike helmets protect your head and brain. Does your helmet have a label inside showing it meets CPSC’s federal safety standard? If not, don’t use it. Report the helmet to CPSC at www.SaferProducts.gov.

Helmets that meet CPSC’s standard help reduce the risk of brain injuries from a fall.

Replace helmets when needed. Incidents can impact helmets, and you may not see the damage. Cracks in the shell, worn straps, and missing pads or other parts are all reasons to replace a helmet.