Children’s Sleepwear Safety

The U.S. Consumer Product Safety Commission sets national flammability safety standards for children’s sleepwear to protect children from burn injuries if they come in contact with ignition sources, such as a match or space heater. Under federal safety rules, all children’s sleepwear garments sold in sizes larger than nine months must be flame resistant or tight-fitting.

Flame-resistant children’s sleepwear—Flame-resistant garments do not continue burning when removed from an ignition source. One example is inherently flame-resistant polyesters that do not require chemical treatment.

Tight-fitting children’s sleepwear—Garments that meet the sizing requirements to be tight-fitting and do not need to be flame resistant because they are made to fit closely against a child’s body. Tight-fitting sleepwear does not ignite easily and, even if ignited, does not burn readily. CPSC standards require hangtags and permanent labels on tight-fitting children’s sleepwear in sizes larger than 9 months.

Hangtag on tight-fitting children’s sleepwear

The requirements for flammability or tight-fitting measurements do not apply to sleepwear for sizes nine months and under because infants wearing these sizes are insufficiently mobile to expose themselves to an open flame.

Do not put children to sleep in T-shirts, sweats, or other oversized, loose-fitting cotton or cotton-blend garments. These garments can catch fire easily and are associated with burn injuries to children.