

Make Sure Baby Has a Safe Sleep Space



Many young babies cannot lift their heads to pull away from soft objects that can pose a suffocation risk such

as bumpers, blankets, pillows, and sleep positioners. Also, seated or semi-reclined position can cause your baby's head to tip forward and their airway to be blocked.

Follow these simple tips to make every sleep a safe sleep:

- **Use a crib, bassinet or play yard that meets current federal standards**
- **Bare Is Best**– Nothing but a fitted sheet in a crib, bassinet or play yard
- **Always place baby on their back**
- **Check for recalls** on nursery products at [SaferProducts.gov](https://www.saferproducts.gov)

CPSC Publication #500 · 052025



United States
Consumer Product Safety Commission | [CPSC.gov](https://www.cpsc.gov)



Report unsafe products:
[SaferProducts.gov](https://www.saferproducts.gov)
(800) 638-2772
or (800) 638-8270 (TTY)



Learn more about
safe sleep for infants:
[cpsc.gov/safesleep](https://www.cpsc.gov/safesleep)