

## The Reasons Behind the

# Saby SAFI FFT Checklist

### Always put your baby to sleep on his or her back because tummy

Bedroom

- sleeping increases the risk of Sudden Infant Death Syndrome (SIDS) and suffocation. Never allow a gap larger than two fingers between the mattress
- and sides of the crib to prevent entrapment. Cribs that are assembled wrong, have missing, loose or broken hardware or broken slats can result in entrapment
- or suffocation deaths. Infants can strangle when their head and neck become entrapped in gaps created by missing, loose or broken hardware or broken slats. Placing babies to sleep on pillows can result in death by suffocation. Children have strangled on inner
- window treatments. Keep cribs away from windows and cords of any type. Bathroom

Never, ever, leave your child alone or

under the supervision of a sibling in

and outer cords on blinds and

#### bathtub or near any water. Children can drown in only a few inches of water in seconds.

Keep medicines and cleaning products with child resistant lids locked. Child resistant is not "child proof."

Kitchen

Do not leave baby alone in a high

chair and always use all safety straps. This will prevent injuries and deaths

from the baby climbing out or from

## falling through leg openings. Keep matches, lighters, and knives,

and cleaning products with child

resistant lids, locked and out of reach of children to reduce risk of fire, poisoning, and other injuries. Do not place your baby in any child or infant seat, including car seat carriers, infant carriers, bouncers, vibrating seats, or unsecured booster

> type chairs, on a countertop, table or any elevated surface. The baby's

> resulting in head or other injuries.

movements can cause the seat to fall,

Around the house Keep small objects, especially spherical toys such as marbles and objects with rounded ends away from children. These objects present a very high risk of choking. Keep toys with magnets away from young children. If two or more

> magnets are swallowed they can attract through intestinal walls

and can cause holes, blockage, and

infection which can result in death. If swallowed, un-inflated balloons and balloon pieces can lead to death by clinging to the airways. Children have died when furniture tipped over on them. Secure

furniture with anchors to the wall

Install smoke alarms on each level of your home, outside sleeping areas, and inside each bedroom. Install carbon monoxide alarms outside sleeping areas.

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or floor.

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