

**LOG OF MEETING
DIRECTORATE FOR HEALTH SCIENCES**

SUBJECT: ASTM Subcommittee for Weighted Blankets

DATE OF MEETING: October, 29 2020

PLACE OF MEETING: Virtual (teleconference)

LOG ENTRY SOURCE: Suad Wanna-Nakamura, Ph.D.

COMMISSION ATTENDEES: Suad Wanna-Nakamura (HSPP) and Celestine Kish, ESHF

NON-COMMISSION ATTENDEES: Contact ASTM for attendee list.

SUMMARY OF MEETING:

The purpose of the meeting was to continue discussion of the newly proposed ASTM standard F15.74 subcommittee standard for Weighted Blankets. Currently, chaired by Ms. Kathleen Huddy, (previously chaired by Dr. Carol Pollack-Nelson).

The topics discussed during the meeting were:

- *Scope:* the subcommittee decided to limit the standard to “weighted blankets” intended for use by consumers and not for therapeutic use.
- *Performance Requirements and test methodology:* the subcommittee discussed ways to address dispersal of contents and seam strength intended to contain the filling material within the product. Content dispersal may become a safety concern if all the fill material aggregates in one area.
- *Warning Labels and Instructional literature:* the subcommittee discussed a possible limit on maximum blanket weight and user age. Safety information/warning language on product labels and/or packaging were also discussed