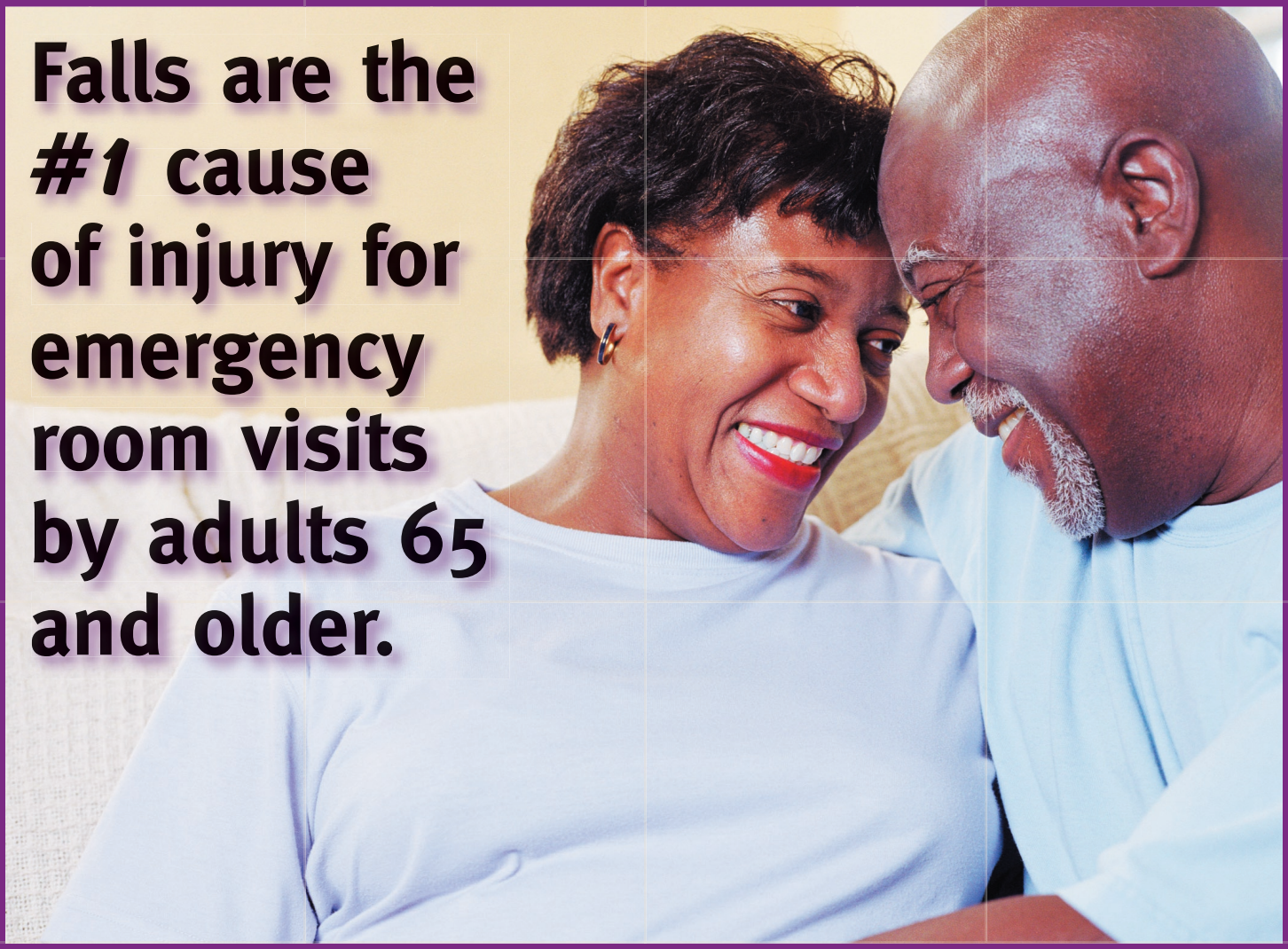
Falls are the #1 cause of injury for emergency room visits by adults 65 and older.



To make your home safer from slips, trips, and falls:

- Clear your floors of loose carpets, cords and other items you could trip over.
- When using stairs, always grip the handrails.
- Install grab bars and slip-resistant surfaces in your bathroom.

U.S. Consumer Product Safety Commission
CPSC hotline: 800–638–2772
and 800–638–8270 (TTY)

National Safety Council
www.nsc.org

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